

Energy is the ability to do work.
The ability to cause motion and change

To understand the fundamental facts of energy
you must have a working knowledge of its terminology
From atoms down to X-rays sing along and learn with me
The ABCs and XYZs of energy

What kinds of energy are there?

There's nuclear, mechanical and solar energy
and electrical and chemical and radiant and heat
There's light and there's magnetic and that's quite enough for me
Cause that makes nine different kinds of energy

With the discovery of atomic energy, scientist that found that matter can be changed into energy and energy can be changed into matter. But, even though, matter and energy may change their form, the total amount in the universe remains the same.

The law of conservation speaking universally
says you can't increase or decrease the amount of energy
Though energy may change its form and does it constantly
you can't increase or decrease the quantity (repeat)

